Brain organization

Tom Rochette < tom.rochette@coreteks.org >

December 21, 2025 — 77e1b28a

- 0.1 Context
- 0.2 Learned in this study
- 0.3 Things to explore
 - How can one track progress? Is there progress without explicitly specified goals?

1 Overview

- Dump everything in my brain in text documents
- Schedule things that need to be scheduled/reminded
 - Decompose tasks and define time/effort estimate

2 Currently

- Write everything down in markdown documents
- Write thoughts in Google Keep while on the move, then merge them in existing documents
- Attempt to manually aggregate content

2.1 Missing

- No time tracking/evolution of articles
- Manual aggregation is difficult and time consuming
- Most of what is written is never reviewed and potentially forgotten
 - Content is not consumed/reused
 - Most of the time, the point is to make explicit what is in the brain, so that it can also be referred
 to later on in a reliable format
- Notes I leave myself aren't tagged

2.2 Should Do

• Get feedback on what I wrote that is consumable by others

3 See also

4 References

https://lifehacker.com/5959742/how-can-i-turn-my-mess-of-ideas-into-something-organized-and-useful