

# Daily review

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## 1 Trigger

Every daily at the end of the (work) day.

## 2 Duration

15 minutes.

## 3 Steps

- Review what was planned for the day
- Provide feedback related to the plan
- Track and review
  - How many times I was interrupted
  - How much time I spent on unexpected work
  - Whether I got blocked and for how long
- [Review weekly plan and align](#)
- Plan next day